

25th TAMPERE SANTA CLAUS FIGURE SKATING COMPETITION

SANTA CLAUS 2024 REQUIREMENTS

SENIOR B Women and Men, born 30.6.2009 or earlier (ISU evaluation)

Short program: 2:40 min (± 10 sec)

- a) Single or Double Axel
- b) Double or triple jump
- c) Jump combination consisting of two double jumps or one double and one triple jump
 - solo jumps may not be repeated
- d) Flying spin, min 8 revolutions in spin position
 - spin position must be different than in point e)
- e) Ladies: Layback / sideways leaning spin or camel spin or sit spin without change of foot, min 8 revolutions
 - spin position must be different than in point d)

Men: Camel/Sit spin with only one change of foot, min 6 revolutions with each foot (=camel spin-camel spin or sit spin-sit spin)
- f) Spin combination with only one change of foot, min 6 revolutions with each foot
 - flying entrance not allowed
- g) Step sequence fully utilizing the ice surface.

Deduction – 1.0 points for every fall.

The Program component factor is 1.33.

The last one jump element executed in the second half counts for the 1.1 factor.

Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

Free Program: 3:30 min (± 10 sec), maximum 11 elements

- A maximum of 7 jump elements, one of which must be an Axel-type jump, and a maximum of either 3 jump combinations or 2 jump combinations and 1 jump sequence.

- Combinations or sequences with three (3) jumps are allowed a maximum of 1, while other combinations can have a maximum of 2 jumps.
 - Each double jump, including the double Axel (2A), may be performed a maximum of 2 times.
 - all triple and quadruple jumps may be performed and no more than two of these may be repeated in a jump combination or series. However, only one (1) quadruple jump may be repeated in a jump combination or series
- A maximum of 3 different spins:
 - 1 combination spin with a total of at least 10 revolutions; a change of foot is not mandatory.
 - 1 flying spin or a spin with a flying entry, with at least 6 revolutions.
 - 1 spin in a single position with at least 6 revolutions.
 - A maximum of 1 choreographic sequence.
 - Evaluated as an element with a predefined base value (ChSq).

Deduction – 1.0 points for every fall.

- the coefficient of the three presentation areas of each program is 2.67
- The last three (3) jump elements performed after the ½ interval receive a coefficient of 1.1

Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

JUNIOR B Women and Men, born 1.7.2005-30.6.2011 (ISU evaluation)

Short program: 2:40 min (± 10 sec)

- a) Single or Double Axel
- b) Double or triple Flip jump
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps
 - solo jumps may not repeated in jump combination
- d) Flying camel spin, min 8 revolutions in spin position
 - the skater can do a positional variation of that spin
 - the aerial flight position does not have to be spiral
- e) Ladies: Layback / sideways leaning spin or sit spin without change of foot, min 8 revolutions

Men: Sit spin with only one change of foot, min 6 revolutions with each foot

f) Spin combination with only one change of foot, min 6 revolutions with each foot

g) Step sequence fully utilizing the ice surface.

Deduction – 1.0 points for every fall.

The Program component factor is 1.33.

The last one jump element executed in the second half counts for the 1.1 factor.

Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

Free Program: 3:30 min (± 10 sec)

- Maximum of 7 jump elements, one of which must be an Axel-type jump, and a maximum of either 3 jump combinations or 2 jump combinations and 1 jump sequence.
 - One jump combination or one jump sequence may consist of up to three jumps, the other two up to two jumps each.
 - Any double jump (including double Axel) cannot be included more than twice (as a Solo Jump or a part of a Jump Combination / Sequence).
 - All triple and quadruple jumps are allowed, and up to two of these may be repeated in a jump combination or sequence. However, only one quadruple jump may be repeated in a jump combination or sequence.
- A maximum of the following 3 different spins:
 - 1 combination spin with at least 10 revolutions in total, a change of foot is optional.
 - 1 flying spin or a spin with a flying entry, with at least 6 revolutions.
 - 1 spin in one position, with at least 6 revolutions
- A maximum of 1 choreographic sequence.
 - Evaluated as an element with a predefined base value (ChSq).

Deduction – 1.0 points for every fall.

- the coefficient of the three presentation areas of each program is 2.67

- The last three (3) jump elements performed after the ½ interval receive a coefficient of 1.1

Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

NOVICE B Girls, born 1.7.2008 - 30.6.2010

Free program: 3:00 min (± 10 sec), maximum 9 elements

- Maximum of 5 jump elements, one must be an Axel type jump. Maximum of 2 jump combinations or one jump combination and one jump sequence.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in combinations or sequences).
 - Triple and quadruple jumps are not allowed.

- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.
 - A spin cannot be initiated from a jump.
 - A change of foot is not mandatory
 - Spin choices are CoSp and CCoSp.
 - If a spin includes a change of foot, a maximum of one feature per foot is counted.
 - Spin in one position.
 - One foot spin min 6 revolutions, change of foot spin min 8 revolutions.
 - Flying entrance allowed.
 - Change of foot allowed.

- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any. If the step sequence does not include a skating move, it will not be evaluated.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).

- One spiral, performed on edge and with a duration of at least 3 seconds.
 - These may not be in step sequence.
 - Evaluated as elements (Pose).
 - The arabesque spiral performed first will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
 1. The program should include 3 different double jumps (not a program requirement).
 2. The highest achievable level for spins and step sequences is Level 2.

3. A sit spin with 8 revolutions in the basic position earns a "feature," meaning it does not require a difficult sit variation.
4. the coefficient of the three presentation areas of each program is 2.13
5. The deduction for falls outside of elements is -0.5 points per fall.
6. Falls occurring within an element are noted but do not result in a deduction.
7. Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

B - Debutant Girls, bornt 1.7.2010 or later

Free program: 3:00 min (± 10 sec), maximum 9 elements

- Maximum of 5 jump elements, one must be an Axel type jump. Maximum of 2 jump combinations or one jump combination and one jump sequence.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.
 - A spin cannot be initiated from a jump.
 - A change of foot is not mandatory
 - Spin choices are CoSp and CCoSp.
 - If a spin includes a change of foot, a maximum of one feature per foot is counted.
 - Spin in one position.
 - One foot spin min 6 revolutions, change of foot spin min 8 revolutions.
 - Flying entrance allowed.
 - Change of foot allowed.
- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any. If the step sequence does not include a skating move, it will not be evaluated.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
- One spiral, performed on edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence.

- Evaluated as elements (Pose).
 - The spiral performed first will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The program should include 3 different double jumps (not a program requirement).
 2. The highest achievable level for spins and step sequences is Level 2.
 3. A sit spin with 8 revolutions in the basic position earns a "feature," meaning it does not require a difficult sit variation.
 4. the coefficient of the three presentation areas of each program is 2.13
 5. The deduction for falls outside of elements is -0.5 points per fall.
 6. Falls occurring within an element are noted but do not result in a deduction.
 7. Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

ISU Debutant Boys, born 1.7.2008 or later

Free program: 3 min (\pm 10 sec), maximum 10 elements

- Maximum of 6 jump elements, one must be an Axel type jump. Maximum of 2 jump combinations or one jump combination and one jump sequence.
 - Only one jump combination or sequence may include up to three (3) jumps, and the other may include a maximum of two jumps.
 - Only two different jumps with three revolutions or more can be repeated in a jump combination or sequence.
 - Each single and double jump, including single and double Axels (1A/2A), can be performed a maximum of two times (the jumps do not need to be executed in a jump combination or sequence).
 - Quadruple jumps are not allowed.
 - The program may include a maximum of three jumps of the same type, regardless of the number of revolutions.
- Maximum of 2 different spins.
 - A combination spin with a change of foot, including at least 8 revolutions.
 - A spin cannot be initiated from a jump.
 - A flying camel spin with at least 6 revolutions.
 - A change of foot is allowed.
- A maximum of 1 step sequence that covers the entire ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any. If the step sequence does not include a skating move, it will not be evaluated.

- Feature 4) Two combinations of three difficult turns on different feet: In the 24–25 season, the combinations must include a forward outside rocker and a backward inside loop. The specified turns can be in the same or different combinations.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
- One spiral, performed on edge and with a duration of at least 3 seconds.
 - These may not be in step sequence.
 - Evaluated as elements (Pose).
 - The spiral performed first will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The program should include 4 different double jumps (not a program requirement).
 2. The highest achievable level for spins and step sequences is Level 3.
 3. A skater can earn a maximum of +3.0 bonus points:
 - +1.0 point for one double Axel or +2.0 points for two double Axels
 - +1.0 point for one triple jump or +2.0 points for two different triple jumps
 - If the skater performs 2x2A and 2x3T, they can still only receive a maximum of +3.0 bonus points
 - To earn the bonus, the jump must be clean and fulfill the requirements.
 4. the coefficient of the three presentation areas of each program is 2.13
 5. The deduction for falls outside of elements is -0.5 points per fall.
 6. Falls occurring within an element are noted but do not result in a deduction.
 7. Deduction -2.5 points for Interruption of the program with allowance up to 3 min.

SPRINGS A Girls, born 2012 or later

Free program: 2:30 min (± 10 sec), maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - A combination spin with at least 6 revolutions, or with a change of foot, a minimum of 8 revolutions.
 - A change of foot is not mandatory
 - The spin may be initiated from a jump.

- If the spin includes a change of foot, a maximum of one feature per foot is counted.
 - A one-position spin with at least 6 revolutions in the basic position, without a difficult variation.
 - A spin cannot be initiated from a jump.
 - The spin must not include a change of foot.
 - After 6 revolutions, a difficult variation may be performed, but the technical panel will not consider it.
 - If a difficult variation is performed before completing 6 revolutions, the spin will not receive a value.
 - The spin can receive a maximum level of basic (Level B).
 - Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any. If the step sequence does not include a skating move, it will not be evaluated.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
 - One unsupported spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence.
 - Evaluated as elements (Pose).
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The program should include 3 different double jumps (not a program requirement), and any double jump may be attempted.
 2. The highest achievable level for combination spins and step sequences is Level 2.
 3. In a combination spin, 8 revolutions in the basic sit position earn a "feature," meaning a difficult sit variation is not required.
 4. When using the ISU assessment, the coefficient for the three presentation areas of each program is 1.67
 5. The deduction for falls outside of elements is -0.5 points per fall.
 6. Falls occurring within an element are noted but do not result in a deduction.
 7. No deduction is made for program interruption if the 3-minute break has been used.

ISU SPRINGS Boys, born 2012 or later

Free program: 2:30 min (± 10 sec), maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.

- Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - A combination spin with at least 6 revolutions, or with a change of foot, a minimum of 8 revolutions.
 - A change of foot is not mandatory
 - The spin may be initiated from a jump.
 - If the spin includes a change of foot, a maximum of one feature per foot is counted.
 - A one-position spin with at least 6 revolutions in the basic position, without a difficult variation.
 - A spin cannot be initiated from a jump.
 - The spin must not include a change of foot.
 - After 6 revolutions, a difficult variation may be performed, but the technical panel will not consider it.
 - If a difficult variation is performed before completing 6 revolutions, the spin will not receive a value.
 - The spin can receive a maximum level of basic (Level B).
 - Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any. If the step sequence does not include a skating move, it will not be evaluated.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
 - One unsupported spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence.
 - Evaluated as elements (Pose).
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The program should include 3 different double jumps (not a program requirement), and any double jump may be attempted.
 2. The highest achievable level for combination spins and step sequences is Level 2.
 3. In a combination spin, 8 revolutions in the basic sit position earn a "feature," meaning a difficult sit variation is not required.

4. When using the ISU assessment, the coefficient for the three presentation areas of each program is 1.67
5. The deduction for falls outside of elements is -0.5 points per fall.
6. Falls occurring within an element are noted but do not result in a deduction.
7. No deduction is made for program interruption if the 3-minute break has been used.

SENIOR C, Women and Men, born 1.7.1996 or later

Free program: 3:10 min, maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.
 - The spin cannot be started from a jump.
 - A change of foot is not mandatory.
 - The spin options are: CoSp and CCoSp.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
 - One-position spin
 - A one-foot spin with at least 6 revolutions; with a change of foot, a minimum of 8 revolutions.
 - The spin may be initiated from a jump.
 - The spin may include a change of foot.
- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
 - When using the ISU system:
 - If the step sequence does not include a skating move, it will not receive a value.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).

- One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The highest achievable level for spins and step sequences is Level 2.
 2. A sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
 3. When using the ISU assessment, the coefficient for the three presentation areas of each program is 1.67
 4. The deduction for falls outside of elements is -0.5 points per fall.
 5. Falls occurring within an element are noted but do not result in a deduction.
 6. No deduction is made for program interruption if the 3-minute break has been used.

JUNIOR C, Women and Men, born 1.7.2005 or later

Free program: 3:10 min, maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.
 - The spin cannot be started from a jump.
 - A change of foot is not mandatory.
 - The spin options are: CoSp and CCoSp.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
 - One-position spin
 - A one-foot spin with at least 6 revolutions; with a change of foot, a minimum of 8 revolutions.
 - The spin may be initiated from a jump.
 - The spin may include a change of foot.

- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
 - When using the ISU system:
 - If the step sequence does not include a skating move, it will not receive a value.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
 - One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The highest achievable level for spins and step sequences is Level 2.
 2. A sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
 3. When using the ISU assessment, the coefficient for the three presentation areas of each program is 1.67
 4. The deduction for falls outside of elements is -0.5 points per fall.
 5. Falls occurring within an element are noted but do not result in a deduction.
 6. No deduction is made for program interruption if the 3-minute break has been used.

NOVICE C, Girls and Boys, born 1.7.2008 or later

Free program: 3:10 min, maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.

- The spin cannot be started from a jump.
 - A change of foot is not mandatory.
 - The spin options are: CoSp and CCoSp.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
- One-position spin
 - A one-foot spin with at least 6 revolutions; with a change of foot, a minimum of 8 revolutions.
 - The spin may be initiated from a jump.
 - The spin may include a change of foot.
- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
 - When using the ISU system:
 - If the step sequence does not include a skating move, it will not receive a value.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
- One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The highest achievable level for spins and step sequences is Level 2.
 2. A sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
 3. When using the ISU assessment, the coefficient for the three presentation areas of each program is 1.67
 4. The deduction for falls outside of elements is -0.5 points per fall.
 5. Falls occurring within an element are noted but do not result in a deduction.
 6. No deduction is made for program interruption if the 3-minute break has been used.

Debutant C, Girls and Boys, born 1.7.2010 or later

Free program: 3:10 min, maximum 9 elements

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - Combination spin with a total of at least 8 revolutions.
 - The spin cannot be started from a jump.
 - A change of foot is not mandatory.
 - The spin options are: CoSp and CCoSp.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
 - One-position spin
 - A one-foot spin with at least 6 revolutions; with a change of foot, a minimum of 8 revolutions.
 - The spin may be initiated from a jump.
 - The spin may include a change of foot.
- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
 - When using the ISU system:
 - if the step sequence does not include a skating move, it will not receive a value.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
- One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.

- If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The highest achievable level for spins and step sequences is Level 2.
 2. A sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
 3. ISU-arviointia käytettäessä kunkin ohjelman kolmen esittämisen osa-alueen kerroin on 1,67
 4. The deduction for falls outside of elements is -0.5 points per fall.
 5. Falls occurring within an element are noted but do not result in a deduction.
 6. No deduction is made for program interruption if the 3-minute break has been used.

SPRINGS C, Girls and Boys, born 2012 or later

Free program: 2:30 min (± 10 sec)

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - A combination spin with at least 6 revolutions, or with a change of foot, at least 8 revolutions.
 - A change of foot is not mandatory.
 - The spin may be started from a jump.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
 - A one-position spin with at least 6 revolutions in the basic position, without a difficult variation.
 - The spin cannot be started from a jump.
 - The spin must not include a change of foot.
 - After 6 revolutions, a difficult variation may be performed, but the technical panel will not consider it.
 - If a difficult variation is performed before completing 6 revolutions, the spin will not receive a value.
 - The spin can receive a maximum level of Basic (Level B).
- Step sequence, fully utilizing the ice surface.

- Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
- When using the ISU system:
 - o If the step sequence does not include a skating move, it will not receive a value.
 - o At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - o The technical panel will not consider features 3) and 4).
- One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
- 1. The program should include 1 double jump (not a program requirement), and any double jump may be attempted.
- 2. The highest achievable level for combination spins and step sequences is Level 2.
- 3. When using the ISU judging system, a sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
- 4. the coefficient of the three presentation areas of each program is 1.67
- 5. The deduction for falls outside of elements is -0.5 points per fall.
- 6. Falls occurring within an element are noted but do not result in a deduction.
- 7. No deduction is made for program interruption if the 3-minute break has been used

SPRINGS B, Girls and Boys, born 2012 or later

Free program: 2:30 min (± 10 sec)

- Maximum of 5 jump elements. One must be an Axel type jump. Max. 2 jump combinations or 1 jump combination and 1 jump sequences.
 - Jump combinations and jump sequences may contain a maximum of only two (2) jumps.
 - Only one single jump and one double jump, including single and double Axel (1A/2A), may be performed a maximum of two times (jumps do not need to be included in jump combinations or sequences).
 - Triple and quadruple jumps are not allowed.
- Maximum of 2 different spins.
 - A combination spin with at least 6 revolutions, or with a change of foot, at least 8 revolutions.

- A change of foot is not mandatory.
 - The spin may be started from a jump.
 - If the spin includes a change of foot, a maximum of one feature per foot will be counted.
- A one-position spin with at least 6 revolutions in the basic position, without a difficult variation.
 - The spin cannot be started from a jump.
 - The spin must not include a change of foot.
 - After 6 revolutions, a difficult variation may be performed, but the technical panel will not consider it.
 - If a difficult variation is performed before completing 6 revolutions, the spin will not receive a value.
 - The spin can receive a maximum level of Basic (Level B).
- Step sequence, fully utilizing the ice surface.
 - Step sequence must consist of at least one different movement, such as spirals, spread eagles, Ina Bauers, hydroblading, or any
 - When using the ISU system:
 - If the step sequence does not include a skating move, it will not receive a value.
 - At least two difficult turns and steps must be performed cleanly to achieve the basic level (Level B).
 - The technical panel will not consider features 3) and 4).
- One spiral, executed on an edge and with a duration of at least 3 seconds.
 - The required spiral must not be included in the step sequence
 - Evaluated as elements (Pose)
 - The first performed spiral will be evaluated.
 - If the free leg is not above the hip or the glide lasts less than 3 seconds, the glide will not be evaluated.
1. The program should include 1 double jump (not a program requirement), and any double jump may be attempted.
 2. The highest achievable level for combination spins and step sequences is Level 2.
 3. When using the ISU judging system, a sit spin with 8 revolutions in the basic position earns a "feature," meaning a difficult sit variation is not required.
 4. the coefficient of the three presentation areas of each program is 1.67
 5. The deduction for falls outside of elements is -0.5 points per fall.
 6. Falls occurring within an element are noted but do not result in a deduction.
 7. No deduction is made for program interruption if the 3-minute break has been used